



Learn about the NHS App

The practice has organised a drop-in session to support patients who would like to know more about the NHS App.

Taking place on the afternoon of Thursday 16th March, the session will be run by Digital Inclusion Co-ordinator Kai Pitman.

Kai will be explaining more about the benefits of the app, and helping patients who need support to download it onto a mobile phone or tablet. He will also help patients iron out any issues they are having with the app.

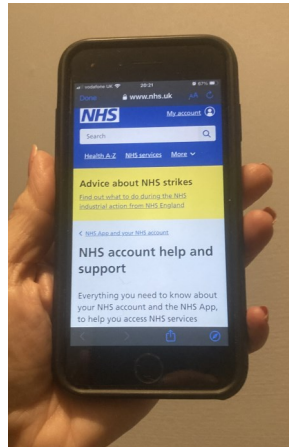
Owned and run by the NHS, your NHS account is a simple and secure way to access a range of NHS services online. They can be accessed via the NHS App or via the NHS website in a web browser.

NHS App services include the ordering of repeat prescriptions, health information and advice, your GP health record access, making appointments and Covid vaccination passport.

The Department for Health and Social Care (DHSC), NHS England and NHS Digital have revealed plans for a number of new features to be added to the NHS App, which are being rolled out during 2023.

The drop-in session, run in conjunction with Castle Healthcare Practice, will take place between 1pm and 4.30pm on Thursday 16th March, while the practice is closed for staff training.

There's no need to book – just turn up! Please bring your phone/tablet and your username, password and NHS number if you know it.



Job opportunities on our reception

We are looking for two new receptionists to join our team here at Musters Medical Practice.

The positions are for 28 hours per week, spread over four days.

If you are interested in the role, please drop a CV into the surgery.

And do please share this opportunity with any friends or family who might be interested to find out more.

Goodbye

Sadly, we say goodbye to Dr John Prestage at the end of February 2023.

John joined us at Musters Medical Practice as a GP Registrar in 2015, before becoming a partner in 2016.

He is leaving to seek new challenges elsewhere and we wish him well for the future.



Don't forget, we now have a Facebook page which we're trying to update regularly. Please give it a follow for the latest news from Musters Medical Practice. Here's the link <https://www.facebook.com/www.mustersmedicalpractice.co.uk>

Do we have your current mobile number?

We have been using text messages more regularly to contact patients in recent months – sending some results, asking people to make appointments for check-ups, or reminding them to get in touch for reviews.

Please let us know if you have changed your mobile phone number so that we can update our records and ensure an efficient and effective service.

You said, we did

Last year's Future of Healthcare Events in Rushcliffe prompted a range of feedback and suggestions. These comments and ideas have been taken on board and a number of actions were initiated.

Take a look at the new Rushcliffe Primary Care Network website home page to find out more about what's been done. <https://www.rushcliffehealth.org/>

Food banks

We have a number of food banks in Rushcliffe and the surrounding area - in West Bridgford, Keyworth, Clifton and The Meadows.

Referrals are needed for some food banks but not all.

The Social Prescribing team has put together a list of food banks here <https://www.rushcliffehealth.org/health-directories>



Rushcliffe Primary Care Network has a new website bringing together health and social care across the Rushcliffe Borough.

It includes details about additional roles that are being provided by the NHS, including information about who else works at GP practices. You may find that an appointment with one of these health professionals, rather than a GP, is more suited to your needs. Take a look here <https://www.rushcliffehealth.org/additional-roles>

The new website features information about GP surgeries, out of hours appointment details and an extensive range of directories for physical, mental and wellbeing support, plus useful advice, such as the *Winter Pressures and Cost of Living Resource Pack*, which can be downloaded from the site.

In addition, it offers the opportunity to discover the benefits of using the NHS App, which allows you to quickly and conveniently access your health and care records to take control of your healthcare.

A green resources hub on the site offers the opportunity to download posters, images and the Rushcliffe Green Calendar 2023 to help promote a 'greener' borough.

Visit the website here <https://www.rushcliffehealth.org/>

Warm spaces

A number of organisations including community groups, hospitality venues, churches and other faith groups are opening up their doors to provide warm spaces for people to go this winter.

An interactive website listing some of the sites can be found at www.warmwelcome.uk.



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